

Hey parents! This week your child learned that **they can trust God's plans even when they feel alone**. They heard the Bible story of **Elijah in the Wilderness**, too! Use these questions as a guide to talk over this week's lesson after they've watched the video service!

- 1. What was your favorite part of the video we just watched?
- 2. Why did Elijah feel alone and want to give up? King Ahab and Jezebel did not like Elijah. Jezebel had sent a message to Elijah telling him that she wanted to kill him, so Elijah had to flee for his life.
- 3. Why was Jezebel so angry? God had just used Elijah to do an amazing thing. He showed everyone that God is the most powerful and the only true, real, and living god. You can read more about this amazing story in 1 Kings 18.
- 4. How did God help Elijah when he felt alone? He sent an angel to help him. The angel encouraged him to "get up and eat" and to keep going on to do the good things and fulfill the good plans God had for Elijah.
- 5. Have you ever felt alone? How did it feel and what did you do? It is not a fun feeling to feel lonely. But we can know that God is always with us and we can always talk to God through prayer. God also gives us people to help us when we feel alone – like family, friends, teachers, coaches, and leaders at church. It's important that we always talk to someone when we feel lonely. God loves us so much and he has good things planned for us.
- 6. What does it look like to trust God's plans? For Elijah, it was doing what God asked. He was asked to eat bread and drink water to regain his strength. Once he was ready, it was time for Elijah to take the next steps in his journey with God toward Mount Sinai. For us, it is the same thing; do the things God asks. When you do that, you are telling God, "I trust that your plans are best" (even if you don't understand). With each direction you follow, it becomes easier to trust God.
- 7. What good plans does God have for you? God plan is for everyone to choose to love and follow Him. His plan is to help us show goodness, kindness, and love to everyone so that they can know and love God, too. One way we can do that is by reaching out to people to let them know we love them and are thinking of them. We can remind people that they are never alone and tell them about God's love.

8. Take some time to pray together as a family. Thank God that he is always with us and that he wants good things for us. Pray for anyone that feels lonely that they would know and feel God's love and closeness. Thank God for his good plans that give us a future and a hope.