

Mastering Motherhood⁺

Mastering Motherhood⁺ seeks to provide love, support, encouragement and friendship to women seeking to follow the Lord in the adventure of mothering.

Whether you are a new mother, one who has seen their children off to college and having babies of their own, or someone who doesn't have children but would enjoy a Thursday morning study with other women, you are welcome to attend.

How does Mastering Motherhood⁺ (MM⁺) work? We have a Kickoff Brunch at the beginning of each semester. At this brunch, the small group leaders will explain why they chose the book they have. This typically helps narrow down which study you might want to do. Each week after the Kickoff Brunch, the ladies come together as a large group for brunch and devotions then break off into small groups and study different books.

Fall 2019 Kickoff Brunch

September 5, 2019

WHFC Room 227 • 9:15 am - 11:30 am

Can you switch groups? Absolutely. Can you stay with the same group for multiple semesters? Absolutely. Can you join Mastering Motherhood⁺ even as late as the End-of-Semester Brunch? Absolutely.

There is no need to register in advance for you or your children to participate. If new to putting your children in childcare at Friends Church, fill out the Household Registration form found at whfriends.org/grow/children under "Easy Check In." Please bring that printed form with you when you come. This is also the location where you can find the forms to authorize someone else to pick up your child after MM⁺ or to bring someone else's child with you to MM⁺. You don't need to do these forms in advance but it will speed up the check in process if you do.

How much does it cost? Each Thursday you attend, the cost is \$3 if you are coming without children (this is to make sure there is plenty of coffee and paper plates to fill with brunch food); and \$5 per household if you are coming with children.

****NEW ** FOR FALL 2019:** We will not be offering books for sale at MM⁺ this Fall. With our frugal moms finding them used, borrowing them from a library or using electronic copies, book sales have dwindled to the point that we have decided to discontinue selling them. Now, if you decide to buy a book and can't find free shipping PLEASE contact one of the leaders or LynnPierce@whfriends.org and we will help.

WANT MORE INFORMATION? whfriends.org/grow/women

A Praying Life

by Paul Miller

Leaders: Esther Fowler, Josi Brobeck, Maggie Kruger



Prayer is so hard that unless circumstances demand it—an illness, or saying grace at a meal—most of us simply do not pray. We prize accomplishments and productivity over time in prayer. Even Christians experience this prayerlessness—a kind of practical unbelief that leaves us marked by fear, anxiety, joylessness, and spiritual lethargy.

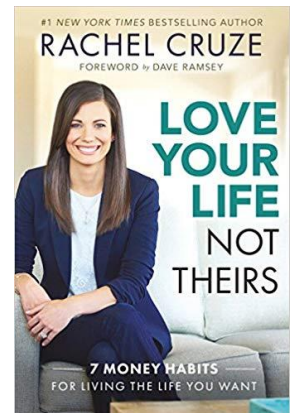
Prayer is all about relationship. Based on the popular seminar by the same name, *A Praying Life* has disciplined thousands of Christians to a vibrant prayer life full of joy and power. When Jesus describes the intimacy He seeks with us, He talks about joining us for dinner (Revelation 3:20). *A Praying Life* feels like having dinner with good friends. It is the way we experience and connect to God. In *A Praying Life*, author Paul Miller lays out a pattern for living in relationship with God and includes helpful habits and approaches to prayer that enable us to return to a childlike faith.

Love Your Life Not Theirs, 7 Habits for Living the Life You Want

by Rachel Cruze

Leaders: Carol Hiscott, Robin Polack, Kellee Flatt

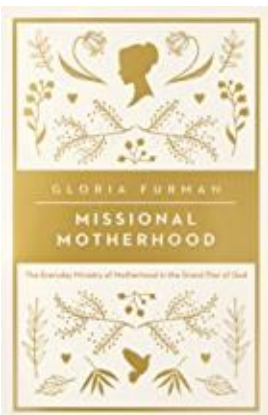
Are we really living the lives we want, or are we chasing someone else's dream, just trying to keep up appearances on social media, at church, and in our community? Why are we letting other people set the pace for our own family's finances? In *Love Your Life, Not Theirs*, Rachel shows you how to buy and do the things that are important to you--the right way. That starts by choosing to quit the comparisons, reframing the way you think about money, and developing new habits like avoiding debt, living on a plan, watching your spending, saving for the future, having healthy conversations about money, and giving. These habits work, and Rachel is living proof. Now, she wants to empower you to live the life you've always dreamed of without creating the debt, stress, and worry that are all too often part of the deal. Social media isn't real life, and trying to keep up with the Joneses will never get you anywhere. It's time to live--and love--*your* life, not theirs.



Missional Motherhood: The Everyday Ministry of Motherhood in the Grand Plan of God

by Gloria Furman

Leaders: Cindy Warren, Christine Reynolds, Jaime Villani



There is no such thing as “just” a mom.

Despite the routine tasks and mundane to-do lists, motherhood is anything but insignificant. In this book, Gloria Furman searches the Scriptures for the mission of God in motherhood. God has designed motherhood as part of his greater plan to draw people to himself, including all women, whether called to traditional mothering or not, with an eternal purpose in nurturing others. In *Missional Motherhood*, Gloria Furman opens our eyes to God’s life giving promises - promises intended to empower each and every women as she makes disciples in her home, in her neighborhood, and around the world.

None Like Him: 10 Ways God Is Different from Us (and Why That's a Good Thing)

By Jen Wilkin

Leaders: Marilyn Shilling, Julie Radaker, Colleen Sargent, Val Woods



God is self-existent, self-sufficient, eternal, immutable, omnipresent, omniscient, omnipotent, sovereign, infinite, and incomprehensible.

We're not.

And that's a good thing.

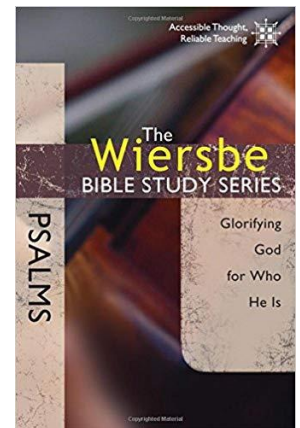
Our limitations are by design. We were never meant to be God. But at the root of every sin is our rebellious desire to possess attributes that belong to God alone. Calling us to embrace our limits as a means of glorifying God's limitless power, Jen Wilkin invites us to celebrate the freedom that comes when we rest in letting God be God.

Psalms Bible Study

Leaders: Marie Beaver, Cherie Zamencik, Lynn Pierce, Sarah Givens

Rediscover this powerful collection of praise, prayer, and worship

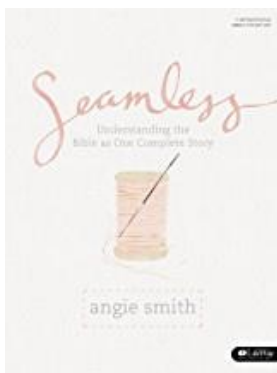
Our God is extraordinary. A loving Savior. A caring Comforter. A tenderhearted Father. The One who has pursued our hearts at any cost. The book of Psalms celebrates the love story between creation and its Creator. It's a story that shares the remarkable attributes of God, and our joyous response to all that He is. This study guide explores the book of Psalms, a collection that continues to be the definitive devotional, prayer book, and hymnal for every believer. A Bible (in the translation of your choice) is the only book necessary to be part of this small group. The Wiersbe Bible Study Series on Psalms is optional. We will read through the Psalms and discuss how to embed it in our lives and the lives of our children. We will conclude our discussions with prayer that with the Lord's help we might apply this truth in our lives and the lives of those we love.



Seamless – Understanding the Bible as One Complete Story

by Angie Smith

Leaders: Deb Ruminski, Kim Judge, Suzanne Yarborough



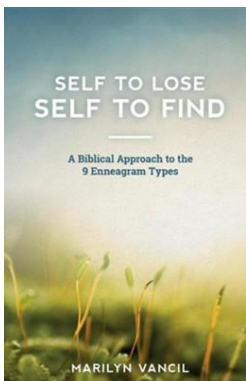
In seven sessions, **Seamless** covers the people, places, and promises of the Bible, showing participants how the entire Bible - from Genesis through Revelation - connects as one beautiful, seamless thread.

Each week of study features key information that ties all of scripture together into the seamless truth of the gospel message and is accompanied by maps, general Bible facts, and word studies. Seamless helps replace insecurity that holds participants back with clarity and helping them move forward with confidence in their understanding of Scripture.

Self to Lose – Self to Find: A Biblical Approach to the 9 Enneagram Types

by Marilyn Vancil

Leaders: Diane Morosko, Beth Lydic-Reynolds, Amanda Marshall



Self to Lose Self to Find examines the invitation of Jesus to lose yourself in order to find your true self, and presents the personality system known as the Enneagram within this biblical framework. It will guide you toward liberating self-awareness by detailing nine distinct personality patterns, each with particular gifts and challenges. By learning about your type, you will:

- Embrace the truth about your God-given identity
- Uncover your deeper motivations, longings, and ways of suffering
- Discern between the self to lose and the self Jesus invites you to find
- Enhance your relationships by appreciating others more
- Own-up to what keeps you from possessing the abundant life Jesus offers.

Marilyn Vancil, a spiritual director and certified Enneagram professional, weaves three threads the biblical story, the Enneagram wisdom, and real-life experiences ----- into this compelling and essential resource for those who long for a more free and fruitful life.



START OF FALL 2019 MM+ SEMESTER: September 5, 2019

END OF FALL 2019 MM+ SEMESTER: December 12, 2019

THANKSGIVING BREAK: November 28, 2019

SPRING 2019 MM+ KICKOFF BRUNCH: Thursday, January 16, 2020

MM+ NEWS POSTED ON FACEBOOK:



Friends Church Women's Ministries Event Page

SNOW CLOSING: We will post if/when Mastering Motherhood+ is closed by 7:30 am on the above Facebook page. We will also use the iAlert system which is shown on Channel 3 and most radio stations (95.5 the Fish does not participate).

WANT MORE INFORMATION?

whfriends.org/grow/women

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