

Mastering Motherhood⁺

Mastering Motherhood⁺ seeks to provide love, support, encouragement and friendship to women seeking to follow the Lord in the adventure of mothering.

Whether you are a new mother, one who has seen their children off to college and having babies of their own, or someone who doesn't have children but would enjoy a Thursday morning study with other women, you are welcome to attend.

How does Mastering Motherhood⁺ (MM⁺) work? We have a Kickoff Brunch at the beginning of each semester. At this brunch, the small group leaders will explain why they chose the book they have. This typically helps narrow down which study you might want to do. Each week after the Kickoff Brunch, the ladies come together as a large group for brunch and devotions then break off into small groups and study different books.

Spring 2020 Kickoff Brunch

January 16, 2020

WHFC Room 227 • 9:15 am - 11:30 am

Can you switch groups? Absolutely. Can you stay with the same group for multiple semesters? Absolutely. Can you join Mastering Motherhood⁺ even as late as the End-of-Semester Brunch? Absolutely.

There is no need to register in advance for you or your children to participate. If new to putting your children in childcare at Friends Church, fill out the Household Registration form found at www.whfriends.org/grow/children under "Easy Check In". Please bring that printed form with you when you come. This is also the location where you can find the forms to authorize someone else to pick up your child after MM⁺ or to bring someone else's child with you to MM⁺. You don't need to do these forms in advance but it will speed up the check in process if you do.

How much does it cost? Each Thursday you attend, the cost is \$3 if you are coming without children (and used to make sure there is plenty of coffee and paper plates to fill with brunch food) and \$5 per household if you are coming with children.

Note, we will not be offering books for sale at MM⁺. With our frugal moms finding them used, borrowing them from a library or using electronic copies, book sales have dwindled to the point that we have decided to discontinue selling them. Now, if you decide to buy a book and can't find free shipping PLEASE contact one of the leaders or LynnPierce@whfriends.org and we will help.

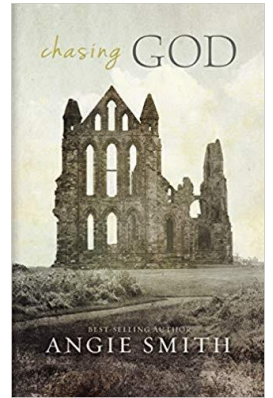
WANT MORE INFORMATION? www.whfriends.org/grow/women

Chasing God

by Angie Smith

Leaders: Deb Ruminski, Kim Judge, Suzanne Yarborough

Maybe you've never asked the question out loud, but you've wondered. You do the things that look good on paper: read your Bible, pray, attend study groups and go to church on Sundays. But you aren't convinced you really know Him. Angie Smith understands, because she had run circles around the same paths searching for Him, frustrated at her lack of progress. And she probably would have continued to do so had it not been for one realization that changed everything. *She wasn't following God; she was trying to catch up with Him.* And without realizing it, you may be as well. It's a distinction that affects every aspect of our lives with Christ, and it begins with learning where we've relied more on man's explanation of God than God Himself. So many requirements, so many rules, and so much guilt where there is supposed to be freedom. It's the reason you wonder if you've measured up, and the nagging voice that tells you you're a failure as a Christian. Three simple words changed everything for Angie, and she believes they can do the same for you.

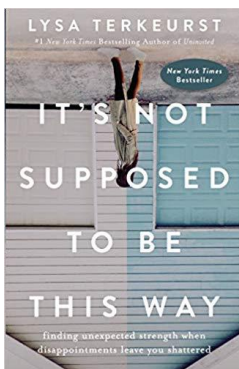


Stop chasing God.

It's Not Supposed to be This Way: Finding Unexpected Strength When Disappointments Leave You Shattered

by Lysa TerKeurst

Leaders: Diane Morosko, Beth Lydic-Reynolds, Amanda Marshall



What do you do when God's timing seems questionable, His lack of intervention hurtful, and His promises doubtful?

Life often looks so very different than we hoped or expected. Some events may simply catch us off guard for a moment, but others shatter us completely. We feel disappointed and disillusioned, and we quietly start to wonder about the reality of God's goodness.

Lysa TerKeurst understands this deeply. But she's also discovered that our disappointments can be the divine appointments our souls need to radically encounter God. In *It's Not Supposed to Be This Way*, Lysa invites us into her own journey of faith and, with grit, vulnerability, and honest humor.

Mom Up: Thriving with the Chaos of Motherhood

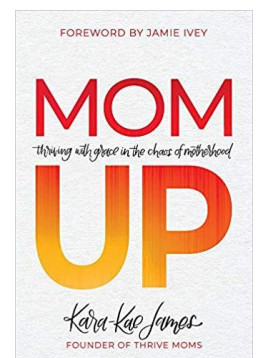
by Kara-Kae James

Leaders: Carol Hiscott, Robin Polack, Kellee Flatt

Every mom can identify with the feeling that they're in a race to the finish line every day, stumbling over everything in their path—including Legos and dirty laundry!

Kara-Kae James knows how overwhelming motherhood can be. As she writes, "When we come to the place where we think that we have failed—this is the moment when God's Word and motherhood intersect."

In *Mom Up*, James shares four themes that impact how she follows Jesus and parents her kids: intentional motherhood, genuine community, refreshing rest, and embracing chaos. With practical ideas for building relationships with other moms, grace-filled Scripture reminders, and a healthy dose of humor, *Mom Up* helps readers step out of survival mode and into the abundant life God has for them and their family.



A Praying Life

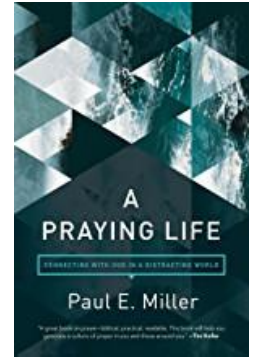
by Paul Miller

Leaders: Esther Fowler, Josi Brobeck, Maggie Kruger

Prayer is so hard that unless circumstances demand it—an illness, or saying grace at a meal—most of us simply do not pray. We prize accomplishments and productivity over time in prayer. Even Christians experience this prayerlessness—a kind of practical unbelief that leaves us marked by fear, anxiety, joylessness, and spiritual lethargy.

Prayer is all about relationship. Based on the popular seminar by the same name, *A Praying Life* has disciplined thousands of Christians to a vibrant prayer life full of joy and power. When Jesus describes the intimacy He seeks with us, He talks about joining us for dinner (Revelation 3:20).

A Praying Life feels like having dinner with good friends. It is the way we experience and connect to God. In *A Praying Life*, author Paul Miller lays out a pattern for living in relationship with God and includes helpful habits and approaches to prayer that enable us to return to a childlike faith.



Sick of Me: from Transparency to Transformation

by Whitney Capps

Leaders: Cindy Warren, Christine Reynolds, Jaime Villani



Our world is filled with fake facades, from the unrealistic filters used on social media to the “holier than thou” personas seen in certain hypocritical believers. To combat the fake trends, a new trend has emerged—one that fights the facade with transparency and vulnerability. Instead of being filtered or super-spiritual, we’re told to be real and honest. And rightly so. We *should* be getting real with each other about our junk. But should we stop there? Should we gather to simply commiserate about our current version of “me”? Is community about more than just feeling understood by one another in our hard places, or does God have *actual* change in store for us beyond brokenness

Whitney calls us beyond trendy transparency and into something better: true transformation. If you want to be honest about all your junk, but are also sick of staying there—*Sick of Me* is for you

Why Her? 6 Truths We Need to Hear When Measuring Up Leaves Us Falling Behind

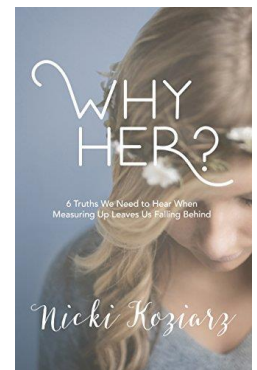
By Nicki Koziarz

Leaders: Marilyn Shilling, Julie Radaker, Colleen Sargent, Val Woods

If success is defined in the eye of the beholder, who are you letting behold your success? Nicki Koziarz is confronting the comparison question: *Why her?* Through two striving sisters in the Bible, Nicki uncovered six truths we need to hear when trying to measure up leaves you falling behind. These six truths will help you:

- Stop staring at her success and find satisfaction in yours.
- Find contentment with your life without being complacent in who you are becoming.
- Gain godly wisdom to answer the *Why Her* silent question of your soul.

Someone will always be ahead. But that doesn’t mean you’re behind. Because Truth, like always, will set us free. And free women don’t have to measure up to anybody. Not even her.



Ageless God, Modern Message: What is God Saying to You?

By Stan Hinshaw

Leaders: Marie Beaver, Cherie Zamencik, Lynn Pierce, Sarah Givens

What would change in your life if you expected God to speak to you every time you read the Scripture, and He did? Join us in this church wide *Ageless God, Modern Message* themed study that focuses on learning and then using simple methods to hear from God personally while reading Scripture. Together, we will put these simple methods into practice by reading through the book of John. We will share our revelations (and our struggles) with each other and encourage each other to hear from God. The goal is for us to support each other in developing a lifelong habit of hearing and responding to God's personal word to us through Scripture. This *Ageless God, Modern Message* themed study builds off Stan Hinshaw's book *P.R.A.Y Scripture* booklet. The *P.R.A.Y Scripture* booklet will be available to participants.



As Stan Hinshaw has observed, when people regularly hear from the Holy Spirit in Scripture, meditate on what it means for their lives, and yield to His will, a deep transformation of mind and heart happens. Especially when done in relationships with other believers who provide encouragement and support. This study can help you mature in your relationship with Christ as you learn to hear Him speak to your mind and heart, and help others to do the same.



START OF SPRING 2020 MM⁺ SEMESTER: January 16, 2020

SPRING BREAK: March 26, 2020

END OF SPRING 2020 MM⁺ SEMESTER: April 30, 2020

FALL 2020 MM⁺ KICKOFF BRUNCH: Thursday, September 10, 2020

MM⁺ NEWS POSTED ON FACEBOOK:



Friends Church Women's Ministries Event Page

SNOW CLOSING: We will post if/when Mastering Motherhood⁺ is closed by 7:30 am on the above Facebook page. We will also use the iAlert system which is shown on Channel 3 and most radio stations (95.5 the Fish does not participate).

WANT MORE INFORMATION?
www.whfriends.org/grow/women

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